UNIT 1 This is Me!

Track 1.1

N: Listening, Unit 1, Page 12, B

Paul: Hi Alisha. What are you looking at?
Alisha: They're photos of my sister <u>Karen</u>'s wedding last week.
Paul: Who's that?
Alisha: That's a photo of John, my sister's husband.
Paul: And who's that young boy, there?
Alisha: He's my young cousin. You don't know him. He lives in <u>Malaysia</u>.
Paul: Wow. And who's that woman in the photo with John and your sister?
Alisha: She's John's sister, Rachel.
Paul: She's got a pretty pink dress.
Alisha: And this is a photo of my sister and John, and his parents, Joanne and Richard.
Paul: Oh yes ... so this photo is John's parents next to the wedding cake!
Alisha: Yes.
Paul: Who are the man and woman on the sofa with the photo?
Alisha: They are my grandparents, remember? That's a photo of their <u>wedding day 52 years ago</u>!
Paul: Fantastic!

Track 1.2

N: Listening, Unit 1, Page 12, D

N: 1

Woman: Man:	Is that a photo of your cousin's wedding day? Actually, it's a photo of my <u>sister's wedding day</u> .
N: 2	
Woman:	Those yellow flowers are beautiful. Is yellow your sister's favourite colour?
Man:	No, in fact <u>it's red</u> , but she loves yellow flowers.
N: 3	
Woman:	It's a very big wedding! There are a lot of people in the photo.
Man:	There are a lot of people in that photo, but <u>the wedding was small</u> . There were only 50 people.

Track 1.3

N: Listening, Unit 1, Page 12, E

ExN: Listen to a woman talking about her wedding. Who is each item from? For questions 1 - 5, write a letter A - G next to each item. You will hear the conversation twice.

Susie: Your wedding photos are great, Lucy. What's this photo, though?
Lucy: Oh, that's a photo of some of my wedding presents from my family.
Susie: That tree isn't a present!
Lucy: Haha. Actually, it's from my Uncle Fred. He's a gardener and loves plants. It's his hobby.
Susie: What are those?
Lucy: They're towels.

- Susie: Are they from your mum?
- Lucy: No, but that painting is from my mum.
- **Susie:** Oh, it's beautiful.
- Lucy: Yes, I want to put it in our new living room.
- **Susie:** Which present is from your dad? Let me guess. His hobby is photography. So is it that camera?
- Lucy: Yes, my dad loves taking photos but, in fact, it's the photo album for all our wedding photos.
- Susie: What did your grandparents give you?
- Lucy: They wanted to give us money but, actually, the <u>towels</u> are from them because we need new towels!
- Susie: Is that watch yours or is it a present, too?
- Lucy: Yes, the <u>watch</u> is mine but it's a present, too. It's a wedding present from my <u>husband</u>!
- Susie: Lucky you!

Ex N: Listen again.

Track 1.4

N: Listening, Unit 1, Page 12, F. Listen again and check your answers.

Track 1.5

N: Speaking, Unit 1, Page 13, C

N: Conversation A

Charlie:	Hi Angie!
Angie:	Hi Charlie!
Charlie:	How are you?
Angie:	I'm good thanks. What about you?
Charlie:	Great!

N: Conversation B

Tom:	Hi. I'm Tom Oakes and this is my sister, Anne.
Carl:	Nice to meet you. I'm Carl.
Anne:	Pleased to meet you.

UNIT 2 Friends & Fun

Track 2.1 N: Listening, Unit 2, Page 24, B

- 1 Listen to <u>Carla</u> talking about the climbing wall <u>at her school</u>.
- 2 Listen to Amanda asking <u>Jacob</u> about <u>street dance classes</u>.
- **3** Listen to <u>Amanda</u> describing her <u>photos</u> to a friend.
- 4 Listen to <u>Phil</u> arranging to meet his best friend <u>at the beach</u> to fly their kites.

Track 2.2

N: Listening, Unit 2, Page 24, D

Ex N: You will listen to a teenager talking to a friend about his hobby. For each question choose the right answer (**A**, **B** or **C**). You will hear the conversation twice.

Paolo: Hi, Phil. What's that you've got?

Phil: Hi, Paolo, it's my kite. You know <u>I love flying kites</u>.

Paolo: Oh yes, that's true. Do you always go alone?

- Phil: No, I usually meet <u>a friend every Sunday</u> morning and we fly our kites together.
- Paolo: Do you fly them up at the park?
- **Phil**: No, there are too many children on a Sunday. We take the bus down <u>to Rockwood Beach</u> and fly them there. It's very quiet.
- Paolo: I've got a kite but I never fly it. Can I come and fly it next Sunday with you?
- **Phil**: Of course you can. We usually meet <u>at ten o'clock</u>, outside the ticket office at the bus station.
- Paolo: Great! See you next Sunday at ten.

Ex N: Listen again.

Track 2.3 N: Listening, Unit 2, Page 24, E. Listen again and check your answers.

UNIT 3 My Home Town

Track 3.1

N: Listening, Unit 3, Page 38, B

N: 1

=	
Woman:	Excuse me!
Driver:	Yeah?
Woman:	Is this the bus for <u>Hollywood</u> ?
Driver:	Sorry, you need to take the number 780 from the bus station.
Woman:	Can we walk?
Driver:	Hmm. It takes about two hours.
Woman:	Oh.
Driver:	You can get a taxi. Call <u>555-050505</u> .
Woman:	Oh! Thank you!
N: 2	
Boy:	Where are we going? I'm tired.
Woman:	Ahhhh.
Boy:	Are we going to the hotel? I don't want to go to the hotel.
Woman:	We aren't going to the hotel.
_	Oh. Are we going to a shop? I hate shopping. Pleeease, Mum
Boy: Woman:	
_	We aren't going shopping. <u>It's two o'clock</u> !
Boy:	Where are we go Oh yes! <u>Hamburgers</u> ! <u>Ice cream</u> ! Thanks, Mum!

Waiter: Boy: Waiter: Boy: Waiter: Boy: Waiter: Boy: Woman:	Finished? Yes. Thank you. Fantastic pizza! Would you like anything else? How much is a big ice cream, please? A large <u>ice cream</u> ? \$15. We also have a special ice cream with chocolate and banana for \$16. Do <i>you</i> like it? Me? Yes, it's my favourite. Could I have that, please, Mum? Okaaay.
N: 4	
Man:	Hey there. Where are you from?
Boy:	I'm from <u>England</u> .
Man:	England! Great! Can I ask you a question, please?
Boy:	Er, yes. But you're a police officer. Is there a problem?
Man:	Oh no. I'm here with that man there. He's a famous actor.
Boy:	Oh yes! He was in that brilliant action film. <u>Can I take a selfie of me</u> with him and you, please?
Man:	Yeah, sure. Hey Chris, come over here. We need you for a photo.
Воу:	Thanks so much! Fantastic photo!
N: 5	
Man:	Say, would you and your mom like to come to the movie?
Woman:	Oh yes, please!
Man:	I've got free tickets. Here you are.
Boy:	Thank you! Wow! Can we have one for my sister?
Man:	Sure. <u>Three tickets</u>
Boy:	Wooowwww.
Woman:	What time does it start?
Man:	At six o'clock.
Boy:	OK! Thank you.
Man:	You're welcome. See you there. Coming, Mr Clooney

Track 3.2 N: Listening, Unit 3, Page 38, E

Ex N: You will hear a visitor asking a man about a bus tour for tourists. Listen and complete each question. You will hear the conversation twice.

UK woman:	Excuse me.
US man:	Yes, ma'am. How can I help you today?
UK woman:	I'd like some information about your bus tours.
US man:	Of course, ma'am. They are every day except Monday.
UK woman:	So <u>Tuesday to Sunday</u>
US man:	That's right.
UK woman:	And what time do they start?
US man:	We leave here at <u>10 o'clock in the morning</u> .
UK woman:	Here?
US man:	In front of the office.

UK woman: US man:	Thank you very much. We do ask all our customers to bring <u>water</u> to drink. It's very hot sometimes.
UK woman:	Is juice ok?
US man:	Eh, not really. Water is we prefer water.
UK woman:	Right, thank you. Oh and how much are the tickets?
US man:	Adults are \$30 and children are \$20. But if you buy an adult and a child's ticket, you get one child free.
UK woman:	So I pay <u>\$50 dollars</u> for the three of us.
US man:	Exactly.
UK woman:	Perfect! Thank you!

Ex N: Listen again.

Track 3.3

N: Listening, Unit 3, Page 38, F. Listen again and check your answers.

UNIT 4 Celebrate!

Track 4.1

N: Listening, Unit 4, Page 50, C

Student: My favourite month at school is May. There is always so much happening then. We have sports day but we also celebrate international week. This year our class is preparing a presentation on Australia. Our teacher divides us into groups and we each prepare one topic about the country.
On the last day we have a parade and we all dress in our national costumes, if we have one. I'm Brazilian and I have a very colourful carnival costume with lots of feathers!
The parade lasts for about an hour. Then we all go to the gymnasium for lunch with our parents.
After lunch there is some music and singing. Some parents play instruments from the different countries.
We finish school at half past one on that afternoon, which is earlier than normal. That way we can go home with our mums and dads.

Track 4.2

N: Listening, Unit 4, Page 50, E

Ex N: You will hear a teacher talking to her class about preparing for international week. Listen and complete each question. You will hear the information twice.

Teacher:Good morning, everybody. Before we start I want to give you some information
about this year's international week.
This year we are celebrating international week from 2nd to 10th June.
Our class needs to prepare a presentation and activities on the country of Colombia,
in South America.

Each class has <u>five</u> days to prepare the presentation. We need to find out about Colombia's geography, its languages, its food and its festivals. We also need to make a flag. The flag has three colours; yellow, <u>blue</u> and red. Your parents are coming on the last evening to see the presentation. That will be on the 10th of June at <u>six thirty</u>. OK... let's get organised!

Ex N: Listen again.

Track 4.3

N: Listening, Unit 4, Page 50, F. Listen again and check your answers.

Track 4.4

N: Speaking, Unit 4, Page 51, B

- N: Photo 1 is Carnival. Carnival takes place between February and March.
- N: Photo 2 is Halloween. Halloween takes place on the <u>31st of October</u>.
- N: Photo 3 is Valentine's Day. Valentine's Day takes place on the <u>14th of February</u>.
- **N:** Photo 4 is Thanksgiving. Thanksgiving takes place on the <u>fourth Thursday of November</u>.
- N: Photo 5 is Diwali. Diwali takes place between November and December.
- N: Photo 6 is San Juan. San Juan takes place on the <u>23rd June</u>.

Track 4.5

N: Speaking, Unit 4, Page 51, F

barbecue candle chocolate delicious favourite February fireworks restaurant procession traditional

UNIT 5 A Perfect Day

Track 5.1

N: Listening, Unit 5, Page 64, B

Wendy: The first <u>day we met</u>, it was a beautiful sunny day.

Robert:	What? No, I'm sure it rained all day! No, you're right. It was sunny and we hired a
	<u>bike</u> for two people, called a tandem. <u>We cycled along the river</u> in the park.
Wendy:	No, we didn't! We cycled up a hill. It was impossible!
Robert:	But we stopped in a village and had <u>tea and cakes</u> . You loved chocolate cake.
Wendy:	I love cakes but <u>fruit cakes were always my favourite</u> ! Then in the evening <u>we went</u>
	to the cinema and watched a romantic film.
Robert:	No, no, we didn't. It was a science fiction film with aliens
Both:	Hahaha.

Track 5.2

N: Listening, Unit 5, Page 64, E

ExN: You will hear five short conversations. You will hear each conversation twice. There is one question for each conversation. For each question, choose the right answer (**A**, **B** or **C**).

ExN: 1 Where did the students go?

- A: Where did you go on your school trip, Danny? Did you go to the castle?
- B: No, we didn't. It was closed!
- A: What a pity. Did you stay at school, then?
- **B:** No, we visited <u>the old lighthouse</u>. There's a museum there.
- Ex N: Now listen again.

ExN: 2 How old is Fiona's brother?

- A: When was your baby brother born, Fiona. Was it a year ago?
- **B:** He's not a baby anymore; he was born <u>three years ago</u>!
- A: He's still so young. My brothers are older than me.
- B: Yes, your brothers are teenagers!
- Ex N: Now listen again.

ExN: 3 What is Cathy's favourite colour?

- A: The flowers at the wedding were beautiful.
- **B:** Yes, they were.
- A: Is orange Cathy's favourite colour?
- B: No, <u>it's blue</u> but it's not easy to find blue flowers!
- Ex N: Now listen again.

ExN: 4 Which man is Harry's grandfather?

- A: Who's that man in the photo?
- B: Which one?
- A: The one standing next to a man with a long beard.
- B: Is he wearing glasses?
- A: Yes, very small round glasses.
- **B:** That's my grandfather!
- Ex N: Now listen again.

ExN: 5 When did the teenager go to the concert?

- A: Who's your favourite band?
- **B:** I love the *Up* & *Ups*.
- A: Did you see them at the music festival last summer?

- **B:** No, I saw them in a <u>concert last month</u> at the Ring Road stadium. I was on holiday last summer. They were really good!
- **Ex N:** Now listen again.

Track 5.3

N: Listening, Unit 5, Page 64, F. Listen again and check your answers.

UNIT 6 Welcome To The Jungle

Track 6.1 N: Listening, Unit 6, Page 76, B

N: 1 Feel that <u>fur</u>! How <u>soft</u>!

N: 2 Listen to that <u>bee</u>! How <u>noisy</u>!

N: 3 Look at that <u>snake</u>! How <u>beautiful</u>!

N: 4 Look at that <u>rabbit</u>! What cute <u>ears</u>!

N: 5 Listen to that <u>reptile</u>! What a <u>strange</u> sound!

Track 6.2 N: Listening, Unit 6, Page 76, C

N: 1

- A: That sloth is moving!
- B: No, it's not. It only moves <u>one metre a day</u> and now it's resting!

N: 2

- A: Your dog looks old. Is it about eleven or twelve years old?
- **B:** No, it's a puppy. It's only <u>eleven months old</u>.

N: 3

- A: Elephants weigh 3,500 kilograms when they are born.
- B: That's not true. My teacher said they weigh 6,000!

- A: How tall are you?
- **B:** I'm one metre sixty and my brother is one metre twenty.
- C: No, I'm not! I'm <u>one metre twenty-five</u>!

Track 6.3

N: Listening, Unit 6, Page 76, E

ExN: Listen to two students talking. Why are these animals important? For questions 1 - 5, write a letter A - G next to each item. You will hear the conversation twice.

- **Boy A:** I love this project about animals and people.
- Boy B: Me too. It's really interesting.
- Boy A: I've got a photo of camels in Mongolia.
- **Boy B:** People probably ride them in the desert.
- **Boy A:** Actually, it says they are important <u>because people drink camel milk</u> and use camel hair to make clothes.
- **Boy B:** You're right, in Mongolia it's not the camels that people ride, <u>they have these amazing</u> <u>horses</u> that are stronger than normal horses ...
- Boy A: Yes, and they ride them for kilometres and kilometres because there's no other transport.
- **Boy B:** Horses are really important for the native Americans in North America, too.
- **Boy A:** I'm not sure. I read that <u>bears are more important because people use their fur to make</u> <u>coats to keep warm</u>.
- Boy B: Yes, that's important. Alaska and Canada are cold places!
- **Boy A:** Here is something on the internet about wool from goats in South America.
- **Boy B:** They look like goats but, in fact, <u>they're alpacas. The wool is softer than sheep's wool and</u> <u>people make scarves with it</u>.
- **Boy A:** Oh! Well, we've got something about fur and wool, what about this information about eagles.
- Boy B: You can't make scarves with eagle feathers!
- **Boy A:** No, you can't, but eagle feathers are really special in native American culture.
- Boy B: Eagles are important in dreams ...
- **Boy A:** Yes, but <u>if someone gives you an eagle feather as a gift, it means you are a really special person</u>.
- Boy B: How amazing!
- **Ex N:** Listen again.

Track 6.4

N: Listening, Unit 6, Page 76, F. Listen again and check your answers.

UNIT 7 Invent It!

Track 7.1

N: Listening, Unit 7, Page 90, B This robot has a tall, thin, white body. It has <u>a rectangular face with big, round, blue eyes</u>.

Track 7.2

N: Listening, Unit 7, Page 90, C

Speaker: Robots will soon be living with you in your house! There are many popular robots: QRIO, spelt Q-R-I-O, NAON, spelt N-A-O-N and ASIMO, spelt A-S-I-M-O.

Here's a little introduction to two of our most popular robots, Jibo and Buddy. Jibo doesn't move by itself but it's not heavy so you can carry it anywhere in the house. Buddy is taller and can move but it doesn't have feet. It moves on a small ball, but it can't go upstairs or open doors.

Buddy likes to look after you. <u>You can use Buddy to wake you up in the morning</u> and tell you what things you need to do<u>. Jibo also helps you organise your day</u> but it likes to organise your house, too. <u>You can use Jibo to turn lights on and off</u> and control the temperature of your house. Jibo can also protect your home, especially when you are on holiday.

<u>Jibo is a good teacher</u>. For example, <u>it can teach your grandparents how to use new</u> <u>technology</u>. It can read stories to your children when they go to bed and find recipes to help you cook a delicious dinner. <u>You can also use Jibo to take photos</u> of you and your family at parties or on holiday.

<u>Buddy doesn't take photos but you can use it to project and show movies or video</u> <u>games</u> onto a wall so you have a bigger screen.

<u>Jibo and Buddy both have batteries</u> that can last for eight hours. Then you can plug them in to recharge. They recharge quickly.

Are you interested? Your life will be easier when you have a robot.

Track 7.3

N: Listening, Unit 7, Page 90, D

N: Robots will soon be living with you in your house! There are many popular robots: QRIO, spelt Q-R-I-O, NAON, spelt N-A-O-N and ASIMO, spelt A-S-I-M-O.

Track 7.4

N: Listening, Unit 7, Page 90, E

ExN: You will hear a man looking for a toy for his son. Listen and complete each question. You will hear the conversation twice.

Shop Owner:	Good morning. Can I help you?
Man:	Good morning. Yes, I'm looking for a present for my son.
Shop Owner:	How old is he and what things does he like?
Man:	He is thirteen and he likes science um and animals.
Shop Owner:	What about a dog? We have a dog called Chipper.
Man:	Chipper?
Shop Owner:	Yes, C-H-I-P-P-E-R. Chipper. It's a robotic dog.
Man:	Is Chipper very big?
Shop Owner:	No, <u>he's about 12 centimetres long</u> . About the size of a puppy, but he doesn't have
	legs.
Man:	How does he move?
Shop Owner:	He moves on wheels.
Man:	What colour is this dog?
Shop Owner:	Chipper is white but his face and wheels are black.
Man:	Can he talk?
Shop Owner:	No, but he listens and follows instructions. <u>He can find things you lose, like keys,</u>
	glasses or your phone.
Man:	I always lose my socks! How much is Chipper?

Shop Owner: These dogs are very popular. Normally they cost £280. <u>But this is the last one so the</u> price is £180!

Man: I'll take it. My son will love it!

Ex N: Listen again.

Track 7.5

N: Listening, Unit 7, Page 90, F. Listen again and check your answers.

UNIT 8 Snap!

Track 8.1

N: Listening, Unit 8, Page 102, B

Bruno: Hi, I'm Bruno, and my favourite game is Trivial Pursuit.

- Int: How do you play Trivial Pursuit?
- Bruno: It's a quiz game you play in teams. You throw a dice, and answer questions on a topic.
- **Elena:** Hi, I'm Elena, and my favourite game is *Battleships*.
- Int: How many people can play Battleships?
- Elena: It's a game for two players.

Shaun: Hi, I'm Shaun, and my favourite game is *Sardines*.

Int: Where do you play Sardines?

Shaun: It's a hiding game so you can play it outside or inside.

Lisa: Hi, I'm Lisa, and my favourite game is *Cluedo*.

- Int: How old must you be to play *Cluedo*?
- Lisa: It's a game for <u>nine year-olds and up</u>.

Yuri: Hi, I'm Yuri, and my favourite game is *Pass the parcel*.

- Int: How long does it take to play Pass the parcel?
- Yuri: It can take <u>15 or 20 minutes</u>. It's great for parties!

Track 8.2

N: Listening, Unit 8, Page 102, E

ExN: Listen to Ryan buying a present with his dad. For each question, choose the right answer (**A**, **B** or **C**). You will hear the conversation twice.

- Boy: Can we go to the toy shop now?
- Dad: It's late, can we go tomorrow?
- Boy: No, because it's Martin's birthday tomorrow so we have to get him a game today.
- Dad: OK. ... What kind of games does he like?
- Boy: He's very sporty and plays outdoor games, but he loves board games best.
- Dad: There are about 50 games here!
- Boy: That's not true, Dad! There are about 20!

- **Dad**: This game is new. It's called *City Detective*.
- Boy: Dad ... that's a game for 12 year-olds and up. Martin is only seven.
- Dad: You're right, and <u>he'll be eight tomorrow</u>.
- Boy: This game looks fun. It's called *DIXIT* and it's for eight years and up.
- **Dad**: How many people can play?
- Boy: It says three to six people on the box. First player to reach the end of the board wins.
- Dad: Sounds interesting. How much is it?
- **Boy**: The travel game is £6.90 and <u>the family game is £9.90</u>.
- Dad: OK. Let's get the family game. Here's £10.

Ex N: Listen again.

Track 8.3

N: Listening, Unit 8, Page 102, F. Listen again and check your answers.

UNIT 9 In The Extreme!

Track 9.1

N: Listening, Unit 9, Page 116, B

N:1

This is simple fun! All you do is <u>climb into a big plastic ball and roll round and round</u>. You can roll down a hill or roll on water. Some theme parks call it 'water walking'. It's not easy to stand up! Some orbs have straps to hold you in place but in many orbs you move around freely and have to control the direction you're rolling in.

N: 2

It's what acrobats do. It's like <u>swinging on a swing</u> in the park only ... it's a lot higher! You can stand or sit on the swing but you also learn to hold on to the swing with just your hands. Then you learn to bring your legs over the bar and hang upside down from your knees! It's very energetic and there are lots of tricks to try!

N: 3

If you've always wanted to <u>swim like a fish</u>, then you'll love this new extreme sport! You need to be a confident swimmer before you can do this sport. You have to learn to breathe slowly and for a longer time under water and there are special classes for this. You gradually learn to relax but it's not as easy as you think!

Track 9.2

N: Listening, Unit 9, Page 116, C

- **Girl:** I want to try something different.
- Boy: What do you mean?
- **Girl:** I want to try a different sport.
- Boy: OK. If you try a new sport, I'll try one too!
- **Girl:** Let's take a look on the Internet.
- Boy: Oh, look. Zorbing looks fun.

- **Girl:** Yes, a friend of mine has done it with some friends. They say <u>it's great fun, especially at parties</u>.
- **Boy:** I agree it looks interesting but you need a hill to roll down.
- Girl: No, you can also do it on flat land and on water. That way you have more control.
- Boy: <u>It's a great way to travel</u>!
- Girl: Yes, but the plastic is thick so you can't really see where you are going!
- **Boy:** What about this sport, trapezing! That looks really <u>energetic and fun</u>.
- **Girl:** Yes, but in my opinion, <u>it's too dangerous</u>. You can fal<u>l</u>.
- **Boy:** I don't agree. <u>It'll be like flying</u> and <u>there's a net to catch you</u>.
- **Girl:** It'll probably be <u>expensive</u> too.
- **Boy:** You're right and <u>it's not easy to find places that teach this sport because you need special equipment.</u>
- Girl: What about Mermaid classes?
- Boy: Can boys do it?
- Girl: I'm not sure but it's good exercise and not expensive.
- **Boy:** Yes, I agree, but <u>you need to buy a special costume</u>.
- **Girl:** Oh, and it says you have to be a confident swimmer to join, and I can't swim.
- Boy: I can't swim either. Maybe we should join swimming classes instead!
- Girl: | agree!

Track 9.3

N: Listening, Unit 9, Page 116, F

ExN: Listen to Harry talking to a friend, Victor, about a new hobby. For each question, choose the right answer, (**A**, **B** or **C**). You will hear the conversation twice.

- Harry: I want to start a new sport.
- Victor: Have you ever done any sport, Harry?
- Harry: Well, I cycle to school every day.
- Victor: That's not a sport!
- Harry: Ok, I've done mountain biking.
- Victor: My new hobby is called fat biking, it's great fun.
- Harry: Is it similar to mountain biking?
- Victor: Well, the tyres are wider. On a mountain bike they're about 5 centimetres wide but on a fat bike they're about <u>10 centimetres</u>.
- Harry: So you prefer fat biking?
- Victor: Yes, but the only problem is, because of the tyres, they are not as fast and they are heavy.
- Harry: Where did you go with your club last month?
- Victor: We went to some great places with snow last winter, but <u>last month we went to some</u> <u>beaches in Wales</u>.
- Harry: Sounds great. Was your bike expensive?
- Victor: Well, there are different prices depending on the bike. Some can cost £1,000 pounds or more but mine just cost £450.
- Harry: Mmmm ... I think I'll have to save up to buy one!

Ex N: Listen again.

Track 9.4

N: Listening, Unit 9, Page 116, G. Listen again and check your answers.

UNIT 10 Eat Your Greens!

Track 10.1

N: Listening, Unit 10, Page 128, C

N: 1

<u>Garlic</u> helps to stop you getting a cold or the flu. Traditional European cooking uses a lot of garlic. In some places, like <u>Bulgaria</u>, people rub garlic on their feet when they go to bed. You smell of garlic in the morning, but you feel better!

N: 2

People in <u>China</u> use <u>chopsticks</u> to eat their food and they eat more slowly. Doctors say that this is healthy because they eat less!

N: 3

In countries like Iceland, Denmark and <u>Sweden</u>, people love <u>saunas</u>. They help you relax your body and are very good for your skin. Unfortunately, to complete the experience you need to have a cold shower, or jump in an ice bath Brrrrr!

N: 4

These <u>bands</u> you wear on your wrist are very popular at the moment in <u>Britain</u>. They count the steps you walk in a day and tell you if you should do more exercise!

N: 5

People have eaten <u>chocolate</u> for hundreds of years but did you know that in some parts of <u>Mexico</u>, children drink chocolate for breakfast so that scorpions and bees don't sting them on their way to school? In some Caribbean islands people eat chocolate to help with stomach aches and headaches. Interesting!

Track 10.2

N: Listening, Unit 10, Page 128, F

ExN: You will hear five short conversations. You will hear each conversation twice. There is one question for each conversation. For each question, choose the right answer (**A**, **B** or **C**).

ExN: 1 What did Mario wea	r on his feet?
---------------------------	----------------

Mum: Mario, you can't go running in those boots!

Mario: Why not? It's raining.

- Mum: They are not for sport and not good for your feet.
- Mario: You're right. I'll wear my <u>blue trainers</u>.
- Mum: Yes, and you'll run faster too.
- Ex N: Now listen again.
- ExN: 2 What's Kim's favourite vegetable?
- Kim: You should eat more vegetables, Joe. They're good for you.
- Joe: I know; they have lots of vitamins. What's your favourite vegetable?
- Kim: Well, I love pumpkins, especially pumpkin soup ...
- Joe: Mmm, me too.
- **Kim:** But <u>my favourite vegetables are carrots</u>. You can cook them, or eat them raw.
- Joe: Yes, they're also good for school snacks.
- Ex N: Now listen again.
- ExN: 3 How much exercise does Danny do every day?
- Sharon: Danny, I read that we need to exercise for at least 60 minutes every day.

Danny:	I cycle to school and back home every day.
Sharon:	How long does that take?
Danny:	20 minutes there and 20 minutes back.
Sharon:	So, <u>40 minutes</u> ? That's not enough!
Danny:	What do you do?
Sharon:	I have 90 minutes' football training three days a week and I go running on the other
	two days.
Danny:	Wow! I need to join a sports club!
Ex N:	Now listen again.
ExN:	4 Which bicycle did Anita buy?
Anita:	Good morning. I'd like to buy a new bike, please.
Shop assistant:	Would you like a mountain bike or a road bike?
Anita:	I'd like a bike to cycle to school.
Shop assistant:	These ones are good because they have a basket.
Anita:	Yes, I can put my school books in it.
Shop assistant:	Do you have a favourite colour?
Anita:	My favourite colour is red but <u>I like the green bike best</u> .
Shop assistant:	This one?
Anita:	Yes, that's perfect!
Ex N:	Now listen again.
ExN:	5 What time is Steve's doctor's appointment?
Sister:	What's the matter; Steve?
Steve:	I think I've got a fever.
Sister:	You should go to the doctor.
Steve:	Can you make an appointment for me? Maybe ten o'clock or half past ten?
Sister:	Yes, of course.
Sister:	OK. They didn't have an appointment at ten so I've just made the appointment for
	<u>ten-thirty</u> . Is that OK?
Steve:	Thank you. Can you come with me?
Sister:	Sorry, Steve, I'm only free at midday!
Ex N:	Now listen again.

Track 10.3

N: Listening, Unit 10, Page 128, G. Listen again and check your answers.

UNIT 11 Be Creative!

Track 11.1 N: Listening, Unit 11, Page 142, C

- A: Hi Georgie, Have you seen Bill Hughes is signing copies of his latest book at Springstones?
- B: When?
- A: On <u>31st May</u>. That's tomorrow!
- B: OK. Let's go.
- A: We need to be there <u>at quarter past five</u>.

N: 2

- A: Look! There's an exhibition on Manga comics.
- **B:** I don't like Manga.
- A: Please come with me and see it.
- B: OK. When is it on?
- A: It's on until <u>21st July</u>.
- **B:** Is it on all day?
- A: Yes, from ten o'clock in the morning <u>until six in the evening</u>.

N: 3

- A: I can't believe you got tickets for the *School of Rock* musical!
- B: I know, I'm excited!
- A: When are we going?
- B: <u>Saturday 6th December</u>.
- A: What time?
- B: <u>Half past seven</u>.
- A: Oh, I can't wait!

N: 4

- A: Good afternoon, I'd like a ticket to Urban Moves on <u>10th February</u>, please.
- B: Yes, of course.
- A: What time does the show start?
- B: <u>Half past nine</u>.
- A: Great.
- **B:** Here you are ... that's £45 please.
- A: Thank you.

Track 11.2

N: Listening, Unit 11, Page 142, E

ExN: You will hear a radio presenter giving information about a competition. Listen and complete each question. You will hear the information twice.

Radio Presenter: Good morning to you all, and a special good morning to all those young writers out there who may be listening.

Our 2017 Young Writers' Competition is now open and this is a great opportunity for you to show the world your talent!

The competition is open to all young people between the ages of $\underline{14}$ and 18.

All you have to do is create a story of up to <u>1,000 words</u> on any topic that shows real imagination and creativity. The last date for you to send us your story is the <u>3rd of June</u>.

We will announce the winner on <u>Saturday the 2nd</u> of September on Radio 5 Live at <u>four o'clock</u> in the afternoon and read the winning story on national radio.

Good luck to you all!

Ex N: Listen again.

Track 11.3

N: Listening, Unit 11, Page 142, F. Listen again and check your answers.

UNIT 12 School's Out!

Track 12.1

N: Listening, Unit 12, Page 154, B

N: 1 (a) accommo <u>da</u> tion	(b) ex <u>cur</u> sion	(c) infor <u>ma</u> tion
N: 2 (a) ad <u>ven</u> ture	(b) de <u>par</u> ture	(c) <u>tem</u> perature
N: 3 (a) <u>flight</u>	(b) <u>lu</u> ggage	(c) <u>suit</u> cases
N: 4 (a) re <u>lax</u> ing	(b) <u>sight</u> seeing	(c) <u>sun</u> bathing
N: 5 (a) <u>com</u> fortable	(b) <u>jour</u> ney	(c) <u>rest</u> aurant

Track 12.2

N: Listening, Unit 12, Page 154, D

Last year we went to Ibiza. It was our first holiday on an island. Normally we travel around our own country in our camper van.

Unfortunately, things didn't go well. First of all, the <u>flight was delayed</u> for an hour and then two hours, and then three! We eventually boarded the flight, four hours later.

When we arrived at the <u>hotel</u>, there was a party and <u>it was very noisy</u>. At least the rooms were quieter.

The first afternoon, we walked to the <u>beach</u>. It was <u>beautiful but too crowded</u> so we went to the swimming pool instead.

The next day there were storms and it rained for the rest of the week!

We visited the nearest town with umbrellas but it was <u>modern and boring</u>. There was nothing to do there!

Now we're making plans for next summer ... we're going to stay at home and sit in the garden!

Track 12.3

N: Listening, Unit 12, Page 154, F

ExN: Listen to Samantha and Zac talking about a holiday activity. For each question, choose the right answer (**A**, **B** or **C**). You will hear the conversation twice.

Samantha:	It's great to finally be on holiday!
Zac:	Yes, and it's brilliant we can do lots of outdoor activities here.
Samantha:	Yes, you know I love walking but I'm excited about learning to ride a horse!
Zac:	Yes, after the class we are going to ride the horses on a trek through the forest.
Samantha:	It's a shame we can't go on the beach.
Zac:	I don't think the horses are allowed on the beach but the forest is enormous.

Samantha: Zac:	Shall I take the sun cream? I don't think we'll need it tomorrow but <u>we should pack our raincoats</u> . I think it's going to rain in the afternoon.
Samantha: Zac:	How long is the trip? Well, the class in the morning is one hour and then <u>the trip in the afternoon is two-</u>
	and-a-half hours.
Samantha:	So what time are we going to get back?
Zac:	We leave at three o'clock so we'll be back at half past five.
Samantha:	Great. I'm looking forward to it.

Ex N: Listen again.

Track 12.4

N: Listening, Unit 12, Page 154, G. Listen again and check your answers.