

11 Sports Crazy!

Word Focus

pages 136

- 11.1 stuntman** (n) /'stʌntmæn/
sb whose job is to do dangerous things instead of an actor • *The stuntman jumped from the building and landed safely on a mattress.*
- 11.2 don** (v) /dɒn/
put on • *He donned his coat and hat and went out.*
- 11.3 make-up** (n) /'meɪk-ʌp/
the qualities that form sb's personality
• *Honesty and reliability are part of her make-up.*
- 11.4 adrenaline** (n) /ə'drenəlɪn/
a hormone that is released into your body when you are scared or excited • *Her adrenaline flowed when she parachuted out of the plane.*
- 11.5 rush** (n) /rʌʃ/
a sudden strong feeling • *Doing a bungee jump gave him an adrenaline rush.*
- 11.6 specification** (n) /spesɪfɪ'keɪʃn/
a detailed instruction about how sth should be made • *The specifications say this bike has five gears.* > specify (v)
- 11.7 rung** (n) /rʌŋ/
a step on a ladder • *I climbed to the top rung of the ladder to clean the top of the cupboard.*
- 11.8 rim** (n) /rɪm/
the outside edge of sth circular • *The rim of the wheel got damaged when I rode over a stone.*
- 11.9 intact** (adj) /ɪn'tækt/
undamaged • *Luckily, the stuntman's helmet remained intact when he fell.*

- 11.14 touch down** (phr v) /tʌtʃ daʊn/
land • *The parachutist jumped out of the plane and touched down on the ground five minutes later.*
- 11.15 give the go-ahead** (expr) /gɪv ðə ɡəʊ ə'hed/
give sb permission to do sth • *The pilot waited for the control tower to give the go-ahead before he took off.*
- 11.16 bear in mind** (expr) /beər ɪn maɪnd/
consider • *Please bear in mind that the museums are closed on Mondays.*
- 11.17 bend** (v) /bend/
move sth so it is not straight • *She bent her arm to scratch her shoulder.* > bend (n)
- 11.18 upright** (adv) /'ʌpraɪt/
vertically • *The teacher got out of the chair and stood upright in front of the board.*
- 11.19 footboard** (n) /'fʊtbɔ:d/
a board where you can rest your feet • *You can rest your feet on the footboard in front of your seat in most coaches.*
- 11.20 inner** (adj) /'ɪnə/
on the inside • *The inner part of the wheel spins round more slowly.*
- 11.21 handle** (n) /'hændl/
part of an object that you use to hold it
• *The handle of the cup broke and the hot coffee burnt me.*
- 11.22 outer** (adj) /'aʊtə/
on the outside • *The outer side of the door got covered in ice in the cold weather.*
- 11.23 stride** (n) /straɪd/
a step • *It was three strides from the bedroom to the bathroom in the tiny hotel room.*
- 11.24 buckle** (n) /'bʌkl/
a piece of metal or plastic you use to do up a belt • *The buckle on my belt broke so I can't do it up.* > buckle (v)
- 11.25 binding** (n) /'baɪndɪŋ/
sth you use to tie sth else with • *I cut the binding off the box and unpacked the things inside.* > bind (v)
- 11.26 screw** (n) /skruː/
a thin pointed piece of metal that you push and turn in order to fasten sth together
• *Use two screws to attach the leg to the seat of the chair.*
- 11.27 bolt** (n) /bɔ:lt/
a small piece of metal that is used to join two things • *He attached the shelf to the wall with a strong bolt.*

Reading

pages 136-137

- 11.10 spinning** (n) /'spɪnɪŋ/
indoor cycling • *She keeps fit by doing spinning on the cycles at the gym.* > spin (v)
- 11.11 game** (adj) /geɪm/
willing to try sth dangerous, new or difficult
• *If you're game for a challenge, let's play tennis.*
- 11.12 wingsuit** (n) /'wɪŋsu:t/
a parachuting suit with flaps like wings
• *The skydiver spread his arms wide and his wingsuit made him soar like a bird.*
- 11.13 have what it takes** (expr) /hæv wɒt ɪt teɪks/
have the necessary skills, power, intelligence, etc. to do sth • *Do you have what it takes to do a bungee jump or are you too scared?*

- 11.28 utmost** (adj) /'ʌtməʊst/
greatest • *I took the utmost care not to break anything when I cleaned Grandma's glassware.* > utmost (n)
- 11.29 adhere (to)** (v) /æd'hɪə (tʊ)/
follow • *You must adhere to the instructions in order to assemble the table correctly.*
- 11.30 ensure** (v) /ɪn'ʃʊː/
make sure • *Ensure that you have all the bolts and screws before you try to assemble the furniture.*
- 11.31 reverse** (v) /rɪ'vɜːs/
position sth backwards • *If you reverse the cushions on the sofa, they won't fit properly.* > reverse (n)
- 11.32 incur** (v) /ɪn'kɜː/
If you incur sth unpleasant, it happens because of sth you have done. • *The footballer incurred a serious knee injury when he was kicked.*
- 11.33 firmly** (adv) /'fɜːmli/
tightly; strongly • *Hold the screwdriver firmly so you can turn the screws more easily.* > firm (adj)
- 11.34 tighten** (v) /'taɪtən/
make tight • *She tightened her belt so her jeans would stay up.* > tight (adj)
🔗 Opp: loosen
- 11.35 fasten** (v) /'fɑːsn/
attach • *Please fasten your seat belt for take-off.* > fastener (n)
- 11.36 at regular intervals** (expr) /ət 'regjələ
'ɪntəvlz/
regularly • *Inspectors come to the school at regular intervals.*
- 11.37 maintenance** (n) /'meɪntənəns/
keeping sth in good condition • *Your old car needs regular maintenance to keep it running well.* > maintain (v)
- 11.38 perception** (n) /pə'sepʃn/
the way you think about what sth is like • *Her perception of danger increased after she had an accident.* > perceive (v), perceptive (adj)
- 11.39 embrace** (v) /ɪm'breɪs/
accept sth with enthusiasm • *To embrace risks you need to be unafraid of danger.* > embrace (n)
- 11.40 safety-conscious** (adj) /'seɪfti-ˌkɒŋʃəs/
careful not to put yourself in danger • *The safety-conscious skydiver checked his parachute carefully before the jump.*
- 11.41 longtime** (adj) /'lɒŋtaɪm/
for a long time • *A longtime fitness instructor, Rob has helped many people to get in shape.*
- 11.42 pursuit** (n) /pə'sjuːt/
an activity • *His favourite pursuit is mountain climbing.* > pursue (v)
- 11.43 natural ceiling** (expr) /'nætʃərəl 'siːlɪŋ/
the natural limit of what is possible • *There is a natural ceiling that will limit how fast humans can run.*
- 11.44 hold sb back** (phr v) /həʊld 'sɒlbədi bæk/
stop sb doing sth • *Her fear of heights held her back from climbing to the top of the tower.*
- 11.45 tolerance** (n) /'tɒlərəns/
ability to bear sth • *He has a low tolerance for pain so he really complains if he gets hurt.* > tolerate (v), tolerant (adj)
🔗 Opp: intolerance
- 11.46 crave** (v) /kreɪv/
desire sth greatly • *Sometimes I crave chocolate; I just have to have some.* > craving (n)
- 11.47 perceive** (v) /pə'siːv/
think of sb/sth in a particular way • *I don't understand why some people perceive maths to be a difficult subject.* > perception (n)
- 11.48 thrill-seeking** (adj) /'θrɪl-ˌsiːkɪŋ/
looking for excitement • *The thrill-seeking couple went on an extreme sports weekend.*
- 11.49 minimise** (v) /'mɪnɪmaɪz/
make as small as possible • *Wear your seatbelt to minimise the risk of injury if we have an accident.*
- 11.50 precaution** (n) /preɪ'kɔːʃn/
an action to stop sth dangerous happening • *We took all the necessary safety precautions before doing the parachute jump.* > precautionary (adj)
- 11.51 feasible** (adj) /'fiːzəbl/
possible • *It wasn't feasible to continue climbing in the snow so we abandoned the attempt.* > feasibility (n) 🔗 Opp: unfeasible
- 11.52 reassure** (v) /rɪə'ʃʊː/
say sth to stop sb worrying • *The guide reassured us the museums were open, even though we had heard there was a strike.* > reassurance (n)
- 11.53 be cut out** (phr v) /biː kʌt aʊt/
be suited to • *Bobby is not cut out for sport because he is not the athletic type.*
- 11.54 burning desire** (expr) /'bɜːnɪŋ dɪ'zaɪə/
a very strong desire • *Her burning desire was to take part in the Olympics, so she trained hard every day.*
- 11.55 be entitled** (expr) /bɪ ɪn'taɪtəld/
have the right to have sth • *Pensioners are entitled to half-price tickets on public transport.*

Excitement

adrenaline	thrill-seeking
burning desire	ultimate
rush	

Vocabulary pages 138-139

- 11.56 broadcast** (n) /'brɔːdkɑːst/
a TV or radio programme or transmission
• *I watch the news broadcast every evening.*
➤ broadcast (v), broadcaster (n)
- 11.57 wits** (pl n) /wɪts/
the ability to think quickly and decide correctly
• *Thanks to his quick wits, he swerved the car away from the dog just in time.*
- 11.58 come in handy** (expr) /kʌm ɪn 'hændi/
be useful • *A torch will come in handy in case there is a blackout.*
- 11.59 with a view to** (expr) /wɪð ə vjuː tə/
with the intention of doing sth • *I saved all year with a view to going on holiday.*
- 11.60 internship** (n) /'ɪntɜːnʃɪp/
a job that a student does to gain experience
• *The medical student did his internship at the local hospital.*
- 11.61 commentator** (n) /'kɒmənɪteɪtə/
sb who describes a sport on the radio or TV
• *The commentator explained which players were in each team.* ➤ commentate (v), commentary (n)
- 11.62 interpreter** (n) /ɪn'tɜːprɪtə/
sb who translates what people are saying
• *An interpreter translated what the Spanish coach said to the English reporters.*
➤ interpret (v)
- 11.63 observer** (n) /əb'zɜːvə/
sb who regularly pays attention to certain events, situations, etc. • *International observers went to Iran to report on its nuclear programme.* ➤ observe (v)
- 11.64 cover** (v) /'kʌvə/
report an event for the media • *The football match is being covered by Channel 1 tonight at 9pm.* ➤ cover (n)
- 11.65 steer** (v) /stiə/
direct a car • *I steered the car left into a side road.*
- 11.66 figure** (n) /'fɪɡə/
a famous person • *Messi is an admired figure in the world of football.*
- 11.67 captivating** (adj) /'kæptɪveɪtɪŋ/
fascinating • *The football final was a captivating match well worth watching.* ➤ captivate (v)
- 11.68 charming** (adj) /'tʃɑːmɪŋ/
attractive • *The charming ballet was beautifully performed.* ➤ charm (v, n)
- 11.69 dazzling** (adj) /'dæzəlɪŋ/
very impressive • *The fireworks display was a dazzling end to the evening.* ➤ dazzle (v)
- 11.70 pleasing** (adj) /'pliːzɪŋ/
giving pleasure or satisfaction • *The warm climate in the Mediterranean is very pleasing in spring.* ➤ please (v)
- 11.71 admirer** (n) /əd'maɪərə/
sb who is impressed by sb/sth • *Admirers of the celebrity asked for his autograph.*
➤ admire (v)
- 11.72 relay race** (n) /'riːleɪ reɪs/
a running competition that includes four runners on each team who have to pass a baton to each other as their part of the race
• *Each athlete ran 100m in the relay race and the team went once around the track.*
- 11.73 serve** (v) /sɜːv/
start a tennis game by throwing a ball into the air and hitting it • *The tennis player served and his opponent hit the ball back.*
- 11.74 ace** (n) /eɪs/
a perfect serve that the other player cannot return • *The serve was an ace that the other tennis player could not reach.*
- 11.75 round** (n) /raʊnd/
a series of games in a competition • *In round two of the cup, Italy will play France.*
- 11.76 set** (n) /set/
a section of a tennis match • *The tennis player won the second set 6-4.*
- 11.77 club** (n) /klʌb/
a long thin metal stick you use to hit the ball in golf • *The golf player chose a club and expertly hit the ball onto the green.*
- 11.78 bat** (n) /bæt/
a long wooden stick that you use to hit a ball in some sports • *The baseball player hit the ball hard with the bat.* ➤ bat (v)
- 11.79 drive** (n) /draɪv/
the act of hitting a ball hard • *The excellent drive sent the ball 300 metres.* ➤ drive (v)
- 11.80 steady** (v) /'stedi/
become calmer • *John steadied, aimed and then threw the ball into the basket.* ➤ steady (adj)
- 11.81 shoot** (v) /ʃuːt/
aim and throw or kick • *Messi shot the ball right into the net.* ➤ shot (n)
- 11.82 toss** (v) /tɒs/
throw • *The rugby player tossed the ball to his teammate.* ➤ toss (n)
- 11.83 buzzer** (n) /'bʌzə/
an electrical device that makes a buzzing noise and is used to mark the end of periods of play in some sports • *It was a one-sided game and at the buzzer, the score was 110-36.* ➤ buzz (v)
- 11.84 lead** (n) /liːd/
the first position in a race or competition
• *Smith is in the lead... he is going faster and he crosses the line first.*
- 11.85 baton** (n) /'bætən/
a stick that is passed from one person to another in a relay race • *The runners in the relay race passed the baton smoothly and won the race.*

- 11.86 lane** (n) /leɪn/
one of the parallel strips of track or water for runners, rowers or swimmers in a race
• *Harvey is in lane 2 of the track.*
- 11.87 lap** (n) /læp/
one circuit of a running track or one stage in a swim
• *The 200m freestyle is four laps of the pool.* > lap (v)
- 11.88 writhe in agony** (expr) /raɪð ɪn 'æɡəni/
twist your body because you are in a lot of pain
• *The player is writhing in agony and it seems the injury is serious.*
- 11.89 umpire** (n) /'ʌmpaɪə/
sb who watches a game of cricket or tennis and makes sure rules are not broken
• *The umpire said the batsman was out.*
- 11.90 diving** (n) /'daɪvɪŋ/
falling over on purpose (in football)
• *The attacker was shown a yellow card for diving in the penalty box.* > dive (v)
- 11.91 dribbling** (n) /'drɪblɪŋ/
(in football) moving the ball with a number of short kicks
• *Messi's amazing dribbling enabled him to get past three players and score a goal.* > dribble (v)
- 11.92 conquer** (v) /'kɒŋkə/
beat
• *The king conquered his enemy and took control of the castle.* > conqueror (n)
- 11.93 contend** (v) /kən'tend/
compete
• *Two athletes are contending for a new world record.* > contender (n)
- 11.94 bolt** (v) /bɔːlt/
run fast
• *The runner bolted across the line as fast as he could go.* > bolt (n)
- 11.95 dash** (v) /dæʃ/
run fast
• *He dashed down the track to finish the race in just 20 seconds.* > dash (n)
- 11.96 sprint** (v) /sprɪnt/
run fast
• *100m runners can sprint faster than any other athletes.* > sprint (n)
- 11.97 bounce** (v) /baʊns/
move up and down after hitting a surface
• *The football bounced against the goalpost and rolled off the pitch.* > bounce (n)
- 11.98 bowl** (v) /bɔːl/
throw a ball for the batsman to hit in cricket
• *The cricket player bowled and the batsman hit the ball perfectly.* > bowler (n)
- 11.99 pitch** (v) /pɪtʃ/
throw a ball for a batsman to hit in baseball
• *The baseball player pitched well and his opponent missed the ball.* > pitcher (n)
- 11.100 row** (v) /rəʊ/
use oars to move a boat
• *I rowed the canoe down the river.*
- 11.101 hinder** (v) /'hɪndə/
make sth difficult for sb to do
• *A leg injury hindered the player from playing well.*
> hindrance (n)
- 11.102 overpower** (v) /əʊvə'paʊə/
be stronger than; beat
• *Sweden were easily overpowered by the German team, who won 4-0.*
- 11.103 thrash** (v) /θræʃ/
beat completely
• *Real Madrid thrashed Chelsea 6-1.* > thrashing (n)
- 11.104 aspire** (v) /ə'spaɪə/
aim for
• *The young boy aspires to greater things and dreams of being a football star.*
> aspiration (n)
- 11.105 hone** (v) /həʊn/
improve
• *You can hone your talent with more practice.* > honing (n)
- 11.106 sharpen** (v) /'ʃɑːpən/
improve
• *You must sharpen your reactions so you can always hit the ball back to your tennis opponent.* > sharp (adj)
- 11.107 commit** (v) /kə'mɪt/
give your time or effort to sth
• *The coach committed himself to training the team every day.* > commitment (n)
- 11.108 dedicate** (v) /'dedɪkeɪt/
give your time to sth
• *When you dedicate yourself to a sport you must train hard.*
> dedication (n), dedicated (adj)
- 11.109 devote** (v) /dɪ'vəʊt/
give your time or effort to sth
• *The fans devoted every Saturday to supporting their team.* > devotion (n), devoted (adj)
- 11.110 disqualify** (v) /dɪs'kwɒlɪfaɪ/
declare sb ineligible for competition because of an offence
• *He was disqualified from the race when he made two false starts.*
> disqualification (n)
- 11.111 obstruct** (v) /əb'strʌkt/
stand in the way
• *The basketball player gets three free shots because a player from the other team obstructed her.*
> obstruction (n)
- 11.112 suspend** (v) /sʌs'pend/
ban for a short period
• *The athlete was suspended for three months for making racist remarks during a match.* > suspension (n)
- 11.113 applaud** (v) /ə'plɔːd/
clap to show appreciation or enjoyment of sth
• *The spectators applauded as the athletes took their places for the race.*
> applause (n)
- 11.114 revive** (v) /rɪ'vaɪv/
bring sb back to consciousness
• *The player who got hit on the head was revived with some cold water.* > revival (n)

- 11.115 root for sb** (phr v) /ru:t fə 'sʌmbədi/
want sb to win • *The fans are rooting for their team and hope for a win.*
- 11.116 in a matter of** (expr) /ɪn ə 'mætər əv/
in only a few (years, hours, minutes, etc.) / little (time) • *They're leaving on a cruise in a matter of a few days.*
- 11.117 remount** (v) /ri:'maʊnt/
get back on a bike or horse after falling off
• *The cyclist who fell remounted quickly and continued the race.*
- 11.118 catch up** (phr v) /kætʃ ʌp/
reach sb in front of you by going faster • *The child ran to catch up with his friends in front of him.*
- 11.119 pull out** (phr v) /pʊl aʊt/
stop taking part • *He had to pull out of the race because of an injury.*
- 11.120 drop back** (phr v) /drɒp bæk/
fall behind the others • *The runner was clearly tired as he dropped back behind the others.*
- 11.121 miss out on sth** (phr v) /mɪs aʊt ɒn 'sʌmθɪŋ/
not have the chance to do sth pleasant or good • *If you don't go to university, you'll miss out on a great opportunity in life.*
- 11.122 knock out** (phr v) /nɒk aʊt/
defeat sb in a competition so that they can no longer take part • *Italy knocked out Spain and will go on to play in the next match.*
- 11.123 warm up** (phr v) /wɔ:m ʌp/
exercise to prepare your body for a race • *Warm up by stretching before the race.* > warm-up (n)
- 11.124 heat** (n) /hi:t/
a part of a competition whose winners then compete against each other in the next part
• *He came last in the first heat so he is out of the competition.*
- 11.125 quarter final** (n) /'kwɔ:tə 'faɪnəl/
one of the four games near the end of a competition, whose winners play in the two semi-finals • *In the quarter finals the teams playing are Germany against Spain, England against Italy, Greece against Sweden and Brazil against Paraguay.*
- 11.126 semi** (n) /'semi/
one of two matches whose winners then play against each other in the final • *Greece won the semi and went on to play Portugal in the final.*
- 11.127 hamstring** (n) /'hæmstrɪŋ/
a tendon behind your knee • *He has hurt his hamstring, so cannot put weight on his knee.*
- 11.128 snap** (v) /snæp/
break suddenly • *He snapped a tendon, which is a serious injury.* > snap (n)
- 11.129 come to a halt** (expr) /kʌm tu ə hɔ:lt/
stop • *The Formula One car came to a halt after only two laps because of engine failure.*
- 11.130 stretcher** (n) /'stretʃə/
sth used for carrying a sick or injured person who cannot walk • *They carried the injured player off the field on a stretcher.*
- 11.131 lean on sb** (expr) /li:n ɒn 'sʌmbədi/
rest on sb who helps you support your weight
• *After I sprained my ankle in the park, I had to lean on my friend all the way back to my house.*
- 11.132 spirit** (n) /'spɪrɪt/
the set of ideas and beliefs that are typical of a particular group of people • *He showed Olympic spirit when he congratulated the winner wholeheartedly.*
- 11.133 the ball's in sb's court** (expr) /ðə bɔ:lz ɪn 'sʌmbədɪz kɔ:t/
it is up to sb to make the next move • *He has agreed to their terms, so the ball is now in their court.*
- 11.134 be first out of the gate** (expr) /bɪ fɜ:st aʊt ɒv ðə geɪt/
be first to do sth • *John's company was the first out of the gate when it launched its new product.*
- 11.135 have sb in one's corner** (expr) /hæv 'sʌmbədi ɪn wʌnz kɔ:nə/
have sb supporting you • *I hope I have the boss in my corner at the meeting because I need his support.*
- 11.136 drop the ball** (expr) /drɒp ðə bɔ:l/
make a mistake • *I'm sorry; I really dropped the ball on this one.*
- 11.137 fall at the first hurdle** (expr) /fɔ:l æt ðə fɜ:st 'hɜ:dəl/
fail as soon as one encounters the first obstacle • *He fell at the first hurdle and left college after failing his first term exams.*
- 11.138 backer** (n) /'bækə/
sb who supports sb/sth financially • *If you want to set up a business, you'll need a financial backer.* > back (v)
- 11.139 hit the bull's-eye** (expr) /hɪt ðə bulz-ai/
be perfectly correct • *You hit the bull's eye when you guessed that she won the lottery.*

Talking about different sports

tennis	football
ace	diving
serve	dribbling
set	shoot
umpire	track and field
golf	baton
club	lane
drive	lap
baseball	relay race
bat	sprint
pitch	

Grammar

pages 140-141

- 11.140 **dime** (n) /daɪm/
a ten cent coin • *This old tennis racket isn't worth a dime, so you should throw it out.*
- 11.141 **compliment** (v) /'kɒmplɪmənt/
say sth nice to sb to praise them • *He complimented the chef on the delicious meal.*

Listening

page 142

- 11.142 **bargain for sth** (expr) /'bɑːgɪn fɔː 'sʌmθɪŋ/
expect sth to happen • *We bargained on good weather for the cricket match and were not disappointed.*
- 11.143 **get a kick out of sth** (expr)
/get ə kɪk aʊt ɒv 'sʌmθɪŋ/
enjoy sth • *He gets a kick out of teasing me when my team loses.*
- 11.144 **be on the other side of the fence** (expr)
/bi ɒn ðə 'ʌðə saɪd ɒv ðə fens/
be opposed to sb/sth • *I'm on the other side of the fence because I support West Ham, not Tottenham like you.*
- 11.145 **rival** (n) /'raɪvəl/
an opponent • *The tennis rivals played an exciting match in the final.* > rival (v), rivalry (n)
- 11.146 **stray from the path** (expr) /streɪ frɒm ðə pɑːθ/
not do what you should • *She strayed from the path and got into trouble with the police.*
- 11.147 **wriggle one's way out of sth** (expr)
/'rɪɡl wʌnz weɪ aʊt ɒv 'sʌmθɪŋ/
try to avoid doing sth • *Kevin tried to wriggle his way out of tidying his room, but his mum insisted.*
- 11.148 **have sb's best interests at heart** (expr)
/hæv 'sʌmbədɪz best 'ɪntrests æt hɑːt/
care about sb's well-being • *Teachers say they have their students' best interests at heart when they set them tests.*
- 11.149 **be in good hands** (expr) /bi ɪn ɡʊd hændz/
be looked after by sb you can trust • *Dave is an excellent tutor so you are in good hands.*
- 11.150 **give sth up** (phr v) /ɡɪv 'sʌmθɪŋ ʌp/
stop doing sth you do regularly • *You should give up eating sweets to lose weight.*
- 11.151 **contestant** (n) /kən'testənt/
sb who takes part in a competition • *Only ten contestants in this competition will continue to the next round.* > contest (n)

Speaking

page 143

- 11.152 **spectator** (n) /spek'tetətə/
sb who watches a sports event • *The spectators cheered when Ronaldo scored the winning goal.* > spectacle (n)

- 11.153 **not one's cup of tea** (expr) /nɒt wʌnz kʌp ɒv tiː/
not sth one likes • *Tennis isn't my cup of tea but I love golf.*

Writing: an informal letter

pages 144-145

- 11.154 **input** (n) /'ɪnpʊt/
advice; ideas • *This group project needs input from all of us, not just me.*
- 11.155 **changing room** (n) /'tʃeɪndʒɪŋ ru:m/
a room where you change clothes for sport • *The players changed into their gear in the changing room.*
- 11.156 **cramped** (adj) /kræmpt/
a cramped room does not have enough room for the people in it • *The room is only six square metres, so it's rather cramped.*

Phrasal verbs

be cut out	miss out on sth
catch up	pull out
drop back	take out
give sth up	touch down
hold sb back	warm up
knock out	

Video 11: Flying Pumpkins

page 146

- 11.157 **pumpkin** (n) /'pʌmpkɪn/
a large orange coloured vegetable • *We cut the pumpkin into a scary face for Halloween.*
- 11.158 **contraption** (n) /kən'træpʃn/
a strange machine • *Your old bicycle is a strange contraption.*
- 11.159 **spring** (n) /sprɪŋ/
a spiral that bounces back to shape when pulled or pressed • *The door closes automatically as it is attached to a spring.*
- 11.160 **wire** (n) /'waɪə/
a long thin piece of metal • *Don't touch the wires in this electric cable because they are live.*
- 11.161 **bucket** (n) /'bʌkɪt/
a cylindrical container with a handle in which you can carry water • *The old woman drew water from the well using a bucket.*
- 11.162 **take out** (phr v) /teɪk aʊt/
destroy sth • *The explosives took out several buildings.*